



Breakfast and Lunch

RISE & SHINE

BAGELS

Traditional \$2.45
jam, butter, or cream cheese

Bello \$3.00
peanut butter, hummus, or nutella

OH-SO-GOOD BAGELS

Served with seasonal fruit.

Salamino \$7.50
salami, tomato, and cream cheese

Swiss-Italian \$7.50
tomato, pesto, and melted swiss cheese

Atlantic \$8.95
smoked salmon, red onions, tomato, capers, cream cheese, and dill

BOWLS & MORE

Fruit Bowl \$5.95
fresh seasonal fruit

Yogurt \$4.95
honey and granola

Yogurt Parfait \$6.95
honey, granola, and fresh fruit

Açaí Bowl \$8.95
blended fruit, açaí berry topped with granola, bananas and strawberries

OMELETTES

Served with rosemary potatoes, and ciabatta.

Make it a breakfast burrito. Served with mild salsa +\$1.00
Make it a breakfast sandwich: bagel, croissant, or ciabatta +\$1.50
Add side salad or cup of soup + \$3.00
Egg white option + \$1.50

Farmers \$8.50 <V>
sautéed mushrooms, spinach, tomatoes and swiss cheese

Del Mar \$9.95
smoked wild salmon, tomatoes, onions, capers, and feta cheese

Bacon & Onion \$9.95
bacon, onions, and artisan italian cheese

Bella Vista \$8.95
black forest ham, tomatoes, spinach, and smoked mozzarella

Istanbul \$8.95
turkish sausage, roasted bell peppers, and artisan italian cheese

<V> = Vegetarian | Vegan and gluten-free options available. Please inform your server if anyone in your party has a food allergy. ** This item is served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood or shellfish may increase your risk of food-borne illness, especially if you have medical conditions.

18% gratuity charged for parties of 6 or more (table service only).
We gladly accept Visa, Mastercard and Discover, however, we cannot accept more than 3 credit cards per check.

REBOOT

LE QUARTIER FRANÇAIS

Served with seasonal fruit and tabouleh salad or soup.

Croque Monsieur \$9.25
black forest ham and imported Italian cheeses

Croque Madame ** \$9.95
black forest ham and imported Italian cheeses with egg on top

Croque Popeye \$9.95 <V>
sautéed mushrooms, onions, spinach, tomatoes and imported cheeses

LES QUICHES

Served with seasonal fruit and house salad.

La Truffle Poireau \$9.25 <V>
black truffle, leeks, topped with fresh goat cheese

La Mr. Seguin \$9.25 <V>
spinach and sun-dried tomatoes

La Lorraine \$9.25
diced pancetta and onions

I PANINI

Served with seasonal fruit and house salad.

Farmers \$9.25 <V>
sautéed mushrooms, spinach, tomatoes, swiss cheese, and roasted red pepper aioli

Social Club \$9.95
sliced turkey, bacon, swiss cheese, romaine lettuce, red onions, tomato, and mayonnaise

Istanbul \$9.95
turkish sausage, roasted bell pepper, fontina cheese, and roasted red pepper aioli

Bella Vista \$9.95
brie cheese with prosciutto di parma and fig jam

Buona ForTuna Melt \$9.95
curried tuna salad with melted swiss cheese

Il Pavorotti \$9.95
sliced oven roasted turkey with cranberry jam and brie cheese

ZUPPA E INSALATA

Insalata Della Casa \$7.50 <V>
spring mix, carrots, tomatoes, cucumbers, and house dressing on the side

Bella Vista \$9.25 <V>
tabouleh, tomato, persian cucumber, red onion, and feta

Azteca \$9.25 <V>
quinoa, tomato, persian cucumber, red onion, orange, and feta

Roman Coins \$9.75 <V>
warmed beets on spring mix, goat cheese & pine nuts in house dressing

Buona ForTuna \$9.25
curried tuna salad on spring mix, carrot, house dressing

Del Mar \$11.95
grilled salmon over spring mix with tomatoes, olives, cucumbers, onions, hardboiled egg, and feta cheese

Il Cesare \$8.95 <V>
classic caesar with hearts of romaine, parmesan cheese, homemade croutons, and caesar dressing. add chicken \$3 | add shrimp \$5

Zuppa Del Giorno
cup \$3.95 | bowl \$5.95 | bowl with house salad \$7.50

RELISH

LITTLE ITALY

Gnocchi Sorrentino \$11.95 <V>

potato dumplings with a tomato and basil sauce, topped with mozzarella

Gnocchi Al Pesto \$11.95

potato dumplings with chicken and sun-dried tomatoes, in a creamy pesto sauce

Gnocchi Bolognese \$13.95

potato dumplings with a Chianti meat sauce

Risotto Ai Funghi \$11.95 <V>

wild mushroom risotto and truffle oil

Risotto Al Campo \$11.95

risotto with chicken, sun-dried tomatos and spinach in a cream sauce

Farfalle Alfredo \$10.95 <V>

butterfly pasta with alfredo sauce. add chicken \$3 | add salmon \$5

Farfalle Al Salmone \$14.95

alaskan salmon in a pink sauce

Penne Arrabiate \$12.95

chicken and spicy marinara sauce

Penne Bella Vista \$11.95 <V>

marinara sauce, peas, gorgonzola and mascarpone

Penne Calabrese \$12.95

italian sausage, roasted red bell pepper, mushrooms in a spicy marinara sauce

Penne Tequila Sunrise \$12.95

chicken, bell peppers, onion in a creamy tequila lime sauce

Spaghetti Alla Vongole \$14.95

fresh steamed clams in a white wine and garlic sauce

Spaghetti Con Gamberi \$14.95

shrimp in a white wine, chopped tomato and basil or fra diavolo sauce

Spaghetti Carbonara \$12.95

diced ham, onions and egg yolk

Spaghetti Meatballs \$13.95

homemade meatballs and marinara sauce

Spaghetti Bolognese \$13.95

an italian classic with a chianti meat sauce

Ravioli Di Carne \$13.95

meat ravioli in a spicy marinara sauce



From the moment we entered this space at the Sanford Consortium, we shared the same vision. Perched above the Torrey Pines Gliderport and located next to Salk, Scripps, and UC San Diego, Bella Vista would be the perfect "piazza." We are very excited to see our vision become a reality. Bella Vista is now a buzzing social hub for scientists, professors, professionals, locals, and visitors from around the globe. We are so excited to help create a sense of community and welcome you to join us.

We hope you'll enjoy this unique European community style caffè as much as we do!

Cheers,
Nico & Amanda

REFRESH

CAFFÈ

Espresso
Macchiato
Con Panna

S	D
1.95	2.50
2.25	2.75
2.50	2.95

S	M	L
2.15	2.45	2.95
2.90	3.50	4.15
2.90	3.50	4.15
3.15	4.05	4.65
3.00	3.60	4.30
3.15	3.75	4.45
3.25	3.85	4.55

Americano
Cappuccino
Latte
Flavored Latte
Mocha
Mexican Mocha
White Mocha

Filter Coffee	2.15	2.45	2.95
Café Au Lait	2.65	2.95	3.15
Hammerhead	3.00	3.35	3.55

MAKE IT YOUR OWN

Add Syrup	.50
Shot of Espresso	1.00
Soy Milk or Almond Milk	.50

HOT TEAS & COCOAS

	S	M	L
Hot Chocolate	2.40	2.80	3.45
Mexican Hot Chocolate	3.00	3.60	4.30
White Hot Chocolate	3.00	3.60	4.30
Teas	2.15	2.45	2.60
Chai Tea Latte	3.00	3.75	4.15

COLD BEVERAGES

Orange Juice	3.50
Italian Soda	2.95
San Pellegrino Natural, Limonata, Aranciata	2.50
Blood Orange Lemonade	3.50
Pink Grapefruit Lemonade	3.50
Coke, Diet Coke, Sprite	1.75

VINO, BIRRA, COCKTAILS

Please request our Beverage Menu for our wine, beer and cocktail selections.

DAILY SPECIALS

Vegetarian Specials \$9
Chicken Specials \$10
Meat or Fish Specials \$11

SUNSET HOUR & TAPAS Mon 4:00pm-6:00pm, Tue-Fri 4:00pm-8:00pm | \$1 off draft beer and house wine. Drink and daily tapas specials.

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